

Military OneSource 800-342-9647
www.militaryonesource.mil

Employer Support of the Guard & Reserve
(ESGR) 614-336-7444

Ohio National Guard Sexual Assault
Response Coordinator
877-751-5628

American Red Cross 877-272-7238
www.redcross.org

Ohio National Guard 614-336-6000
www.ong.ohio.gov

TRICARE Health www.mytricare.com

Survivor Outreach Services
614-336-7375

County Veteran Service Commission
<http://dvs.ohio.gov/Portals/0/library/odvs/cvso/CVSOListing.pdf>



THE FAMILY READINESS & WARRIOR SUPPORT TEAM

Our FR&WS Team is here to provide you with information, resources, referrals and assistance to help you navigate through obtaining assistance; **getting veteran's benefits, finding employment, links to counseling, and much more!**

Here are some of the team members that you can contact:

Directors of Psychological Health:

Provide high quality, confidential, mental health services for service members and their families.
Jeremy Kaufman, Ph.D.: 614-336-7246
Barbara Herbst: 614-336-8999

Transition Assistance Advisors:

Serving as your first line of support for returning veterans to understand their State and Federal benefits, and any other issues encountered when transitioning from military to civilian life.
Terry Dean: 614-336-7349
Mike Magnusson: 614-336-4192

Military OneSource Consultant:

Serves as the MOS specialist on resources, programs and services for military/families.
Kelly Dominic: 614-593-9462
Military OneSource is available 24/7 at 800-342-9647 or www.militaryonesource.mil

Youth Programs

We strive to provide our Military Families and Youth with well rounded programming! Please contact us for more information on our programs, camps and activities.
Andrew Seward: 614-336-7274
Amy Lee: 614-336-4214

TFAC (Troop & Family Assistance Centers)

800-589-9914 or see inside for direct dial information for each TFAC

FAMILY READINESS & WARRIOR SUPPORT

WHEN TO CALL YOUR TFAC....

TFAC = Troop & Family
Assistance Center
Specialist

800-589-9914

For more information log on to:
<http://homefront.ohio.gov>



Six Essential Services Provided by the TFACs

Information & Referral

Referring service & family members to various military and civilian agencies, groups, private organizations, and/or clergy to solve or assist with resolving problems. The TFAC is the focal point of contact for help and provides direct assistance and/or directs the family member to where help can be found.

Financial Management

Financial assistance is available to assist with resolving financial issues. These are only temporary solutions to emergency situations. If there are serious issues, other long term assistance with financial planning and budgeting may be needed.

Crisis Intervention

Capable of identifying family crisis situations and provide immediate counseling and assistance to stabilize the situation and refer to appropriate sources for follow-up. Crisis may be personal, social, financial, emotional or medical in nature.

Legal Assistance

The provision of legal information and coordination with the State JAG for assistance with wills, powers of attorney, **Servicemen's Civil Relief Act**, and other legal matters pertaining to deployment. Civil matters will be direct to community partners and/or other organizations that can provide legal services.

TriCare Health and Dental

Assistance in coordinating TriCare enrollment, claims and issues with your nearest Health Benefits Advisor, as well as providing general information on each program available.

ID Cards and DEERS

Information and assistance for eligible family members to obtain identification (ID) cards and enroll in the Defense Enrollment Eligibility Reporting System (DEERS).

Troop & Family Assistance Center's (TFAC's) are

established to provide support and assistance to service members and their families. Their primary mission is to inform and support before, during and after a deployment or anytime there is a need.

Let us be your one-stop-shop for questions and information.

WHERE ARE THE TFAC'S LOCATED?

(choose the TFAC covering the county where you live)

Covering Region 1: Northeast Ohio

Counties of: Ashland, Ashtabula, Carroll, Columbiana, Coshocton, Cuyahoga, Geauga, Harrison, Holmes, Jefferson, Lake, Lorain, Medina, Portage, Stark, Summit, Trumbull, Tuscarawas, Wayne

JOYCE STINGEL, Contractor

Northern Lead Troop Family Assistance Center Specialist

Office: 614-336-6337 Mobile: 614-949-6962

Email: joyce.e.stingel.ctr@mail.mil

RITA STAHL, Contractor

Troop & Family Assistance Center Specialist

Office: 614-336-4310 Mobile: 614-929-4258

Email: rita.a.stahl.ctr@mail.mil

Covering Region 2: Southeast Ohio

Counties of: Athens, Belmont, Fairfield, Gallia, Guernsey, Hocking, Jackson, Lawrence, Meigs, Monroe, Morgan, Muskingham, Noble, Perry, Pickaway, Pike, Ross, Scioto, Vinton, Washington

JENNIFER MOORE, Contractor

Southern Lead Troop & Family Assistance Center Specialist

Office: 614-336-6943 Mobile: 614-949-3496

Email: jennifer.l.moore2.ctr@mail.mil

CAROLINE JOHNSON, Contractor

Troop & Family Assistance Center Specialist

Office: 614-336-4311 Mobile: 614-949-8300

Covering Region 3: Southwest Ohio

Counties of: Adams, Brown, Butler, Clermont, Clinton, Fayette, Hamilton, Highland, Warren

LAUREN MARTINEZ, Contractor

Troop & Family Assistance Center Specialist

Office: 614-336-6550 Mobile: 614-949-3201

Email: lauren.a.martinez14.ctr@mail.mil

Covering Region 4: West Central Ohio

Counties of: Auglaize, Champaign, Clark, Darke, Greene, Logan, Mercer, Miami, Montgomery, Preble, Shelby

ASHTEN HOUSEMAN, Contractor

Troop & Family Assistance Center Specialist

Office: 614-336-4483 Mobile: 614-949-7990

Email: ashten.o.houseman.ctr@mail.mil

PHYLLIS MILLER, Contractor

Troop & Family Assistance Center Specialist

Office: 614-336-6357 Mobile: 614-949-0271

Email: phyllis.a.miller31.ctr@mail.mil

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Covering Region 5: Northwest Ohio

Counties of: Allen, Crawford, Defiance, Erie, Fulton, Huron, Hancock, Hardin, Henry, Huron, Lucas, Marion, Morrow, Ottawa, Paulding, Putnam, Richland, Sandusky, Seneca, Van Wert, Williams, Wood & Wyandot

MARGRET SZYMANSKI, Contractor

Troop & Family Assistance Center Specialist

Office: 614-336-4312 Mobile: 614-929-8924

Email: margret.r.szymanski2.ctr@mail.mil

PATRICIA MARKOWSKI, Contractor

Troop & Family Assistance Center Specialist

Office: 614-336-6615 Mobile: 614-929-8421

Email: patricia.markowski.ctr@mail.mil

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Covering Region 6: Central Ohio

Counties of: Delaware, Franklin, Knox, Licking, Madison, Union

SYREETA LONG, Contractor

Troop & Family Assistance Center Specialist

Office: 614-336-4232 Mobile: 614-929-8125

Email: syreeta.d.long.ctr@mail.mil

HEATHER SMITH, Contractor

Troop & Family Assistance Center Specialist

Office: 614-336-7358 Mobile: 614-929-4695

Email: heather.d.smith106.ctr@mail.mil

TFAC Coordinator: Angela Dyer, Contractor

Office: 614-336-7031 Mobile: 614-309-7884