

# RISFAC Newsletter

Regional Inter-Service Family Assistance Committee  
<http://www.homefront.ohio.gov/RISFAC/Region3RISFAC.aspx>

Region 3  
(South-West, Ohio)

RISFAC Newsletter  
January 2016



## 16 January 2016 RISFAC

A very special Thank You to John Draper and Ryan West from First Command Financial Services for being our guest speakers at this quarters RISFAC Meeting!

Ryan D. West  
First Command Financial Services  
4407 Walnut Street  
Suite 210  
Beavercreek, OH 45440  
937-429-4490 (Office)  
937-657-4888 (Mobile)  
[rdwest@firstcommand.com](mailto:rdwest@firstcommand.com)

*Troop and Family Assistance  
Center Specialists (TFAC)*

*Mandy Humerick  
(Contractor, HRCI)  
TFAC  
10050 Woodlawn Blvd.  
Cincinnati, OH 45215  
614-336-6550*

[amanda.c.humerick.ctr@mail.mil](mailto:amanda.c.humerick.ctr@mail.mil)

### **Thank you to everyone that attended January's RISFAC! What a great way to kick off 2016! As**

I near my one year mark as the Region 3 Troop and Family Assistance Center Specialist I cannot put into words how great it has been to work with all of you! I hope you will attend the next RISFAC scheduled, 14 April 2016! Please remember to invite your colleagues to attend as well. The more resources that network together, the more military and veteran families we can serve!

### Thank you to all of our Attendees!

John Draper– First Command Financial Services

Ryan West– First Command Financial Services

Leon Johnson– VFW

Kari Pfeifer– VFW

Wayne Hutchinson– VFW

Chris Cravens– TVCA

Dan Dunaway– Military Veterans Resource Center

Bob Singleton– McKelvey Baptist Church

Rick Schroer– McKelvey Baptist Church

Patrick Nowak– NGEEP

Rita Kreitzer– Survivor Outreach Services

Kim Guy– Beckett Springs

Matthew Owens– ODJFS/Vets

Lakelvin Hill– Kids Peace

Shane Heekin– Chatfield College

Sarah Meeds– Easter Seals

Prince Johnson– Legal Shield

Lisa Hayes– Lt. Governor Mary Taylor

◇ SFC Jarrod Kreitzer

HHC 216 EN BN

◇ SSG Nathanael Humerick

SPT Co 216 EN BN

◇ SSG Kenneth Keller

HHB 1/174 ADA

◇ Dominic Fago

123 ACS

◇ Amy Hernandez

178th Wing DPH

### Upcoming Meetings and Locations:

- ◆ 14 April 2016  
Woodlawn Armory
  - ◆ 14 July 2106  
Woodlawn Armory
  - ◆ 14 October 2016  
Woodlawn Armory
- Woodlawn Armory &  
Community Center  
10050 Woodlawn Blvd.  
Cincinnati, OH 45215



# Employment Support

## Ohio National Guard Employment Enhancement Program

The Ohio National Guard (ONG) Employment Enhancement Program was created to connect service members and their family with employment opportunities that in turn enhances military and family readiness and resilience. ONG Employment Support Specialists will assist through engagement and collaboration with employers, community leaders, local employment support programs and resources. Our goal is to cultivate and sustain a military friendly environment that improves employment outcomes for service members and their immediate family.



**AMY BAAB, Contractor**  
Employment Support Specialist  
Region 1  
16 EN / 179 AW  
Office: 614-336-6077  
Mobile: 614-400-3520  
Email: [amy.l.baab.ctr@mail.mil](mailto:amy.l.baab.ctr@mail.mil)

**LEEANN RAHE, Contractor**  
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**PATRICK NOWAK, Contractor**  
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Office: 614-336-4993  
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**PHYLLIS MILLER, Contractor**  
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371 SB / 178 WG  
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**CHERYL HAGAN, Contractor**  
Employment Support Specialist  
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37 IBCT / 180 FW  
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**DAVID KELLY, Contractor**  
Lead Employment Coordinator  
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STC  
Office: 614-336-7366  
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# Marriage Enrichment Weekend

13-14FEB2016 | 19-20MAR2016



**Purpose:** The primary goal of these events is to offer couples a fun and refreshing time together. So be ready to enjoy yourself and take advantage of this opportunity to reconnect with the love of your life!

**Who:** Ohio Army National Guard Married Couples. Couple needs to be legally married and enrolled in DEERS.



**Fearless Marriage:** builds on each person's existing strengths and adds critical life and relationship skills. In particular, Fearless Marriage emphasizes how we think and react to life events.

**Dates/Locations:**

**Fearless Marriage** When: 13-14FEB2016 Where: Columbus  
TO REGISTER: [https://www.surveymonkey.com/r/FM\\_FEB2016](https://www.surveymonkey.com/r/FM_FEB2016)  
REGISTRATION DEADLINE: 29DEC2015

**Fearless Marriage** When: 19-20MAR2016 Where: Cincinnati  
TO REGISTER: [https://www.surveymonkey.com/r/FM\\_MAR2016](https://www.surveymonkey.com/r/FM_MAR2016)  
REGISTRATION DEADLINE: 4FEB2016

For more information, contact: Chaplain Nicholas Chou  
[nicholas.a.chou.mil@mail.mil](mailto:nicholas.a.chou.mil@mail.mil) or 614-336-4117

# Marriage Enrichment Weekend

25-26JUN2016



**Purpose:** The primary goal of these events is to offer couples a fun and refreshing time together. So be ready to enjoy yourself and take advantage of this opportunity to reconnect with the love of your life!

**Who:** Ohio Army National Guard Married Couples. Couple needs to be legally married and enrolled in DEERS.



**Fearless Marriage Part II:** Fearless Marriage Part II reviews the topics covered in the original course and adds sessions on Fun, Building Connection, Forgiveness, and Commitment.

**Dates/Locations:**

**Fearless Marriage** When: 25-26JUN2016 Where: Columbus  
To Register: [https://www.surveymonkey.com/r/FM\\_JUNE2016](https://www.surveymonkey.com/r/FM_JUNE2016)  
REGISTRATION DEADLINE: 10MAY2016

For more information, contact: Chaplain Nicholas Chou  
[nicholas.a.chou.mil@mail.mil](mailto:nicholas.a.chou.mil@mail.mil) or 614-336-4117



# Got Your Back SINGLES RETREAT

16-17APR2016

**DETAILS:** Got Your Back is a fun, interactive, and relevant curriculum that focuses on helping individuals to improve understanding and decision-making in their relationships. The goals include helping individuals handle stress more effectively, limit destructive communication patterns, understand safe and unsafe relationship dynamics, and be more intentional about expectations and actions in seeking successful relationships with others.

**When:** 16-17APR2016

**Where:** TBD Columbus, OH

**Who:** Unmarried Army National Guard Soldiers  
**TO REGISTER:**

[https://www.surveymonkey.com/r/GYB\\_APR2016](https://www.surveymonkey.com/r/GYB_APR2016)

**REGISTRATION DEADLINE:** 15MAR2016

**More Info:**

[http://www.ong.ohio.gov/frg/FRG\\_retreats.html#singles](http://www.ong.ohio.gov/frg/FRG_retreats.html#singles)

## HOCKING HILLS CANOPY TOURS

OHIO'S FIRST World class Zipline Adventure!

Hocking Hills Zip Line Tour outing during the weekend!

### Testimonials:

"Lots of information that let me think about what is going on in my life. It gave me a new perspective."

"I plan on telling every single Soldier in my unit that this training is a must!!!"

# PICK SINGLES RETREAT

19-20MAR2016

"How to Avoid Falling  
in Love With a Jerk"

DETAILS: This training focuses on developing healthy romantic relationships, and teaches how to build a healthy relationship by following your heart without losing your mind.

More Info: [http://www.ong.ohio.gov/trg/FRG\\_retreats.html#singles](http://www.ong.ohio.gov/trg/FRG_retreats.html#singles)



After training Saturday evening, enjoy a buffet dinner and game play at Dave and Busters. Compliments of the USO.

Watch the NCAA March

MADNESS on a BIG screen!!

When: 19-20MAR2016

Where: TBD Cincinnati, OH

Who: Unmarried Army National Guard Soldiers

TO REGISTER: [https://www.surveymonkey.com/r/PICK\\_MAR2016](https://www.surveymonkey.com/r/PICK_MAR2016)

REGISTRATION DEADLINE: 18FEB2016

"The material helped me re-evaluate past relationships so that I don't make the same mistakes in the future."  
"I am currently in a relationship. This weekend gave me the tools to make sure I don't mess up a good thing."

POC: CH (MAJ) Nick Chou  
Email: [nicholas.a.chou.mil@mail.mil](mailto:nicholas.a.chou.mil@mail.mil)  
Call: 614-336-4117



Through April 18th...

## Free Income Tax Filing Assistance

This tax season, MVRC is partnering with the **Ohio Benefit Bank** to offer free income tax filing assistance to military veterans and their spouses.

Our only requirements are that veterans filing jointly with a spouse have a combined income of **\$98,000** or less, and everyone else have an income of **\$98,000** or less.

### How do I file?

Make an appointment with one of our Certified Tax Counselors, or visit our website to file on your own: [bit.ly/mvrc-taxes](http://bit.ly/mvrc-taxes)

\*MVRC assistance, available by phone or email, will only be available to veterans and spouses.

**Open to everyone—not just vets!** Visit our self-serve link to file your taxes on your own: [bit.ly/mvrc-taxes](http://bit.ly/mvrc-taxes)

Contact **Herb Jones** at **614-636-4834** or [herb.jones@militaryveterans.org](mailto:herb.jones@militaryveterans.org) to schedule your appointment.

Visit [militaryveterans.org/taxes](http://militaryveterans.org/taxes) for more information.

## RISFAC in Other Regions

Region 1 (Northeast Ohio)

28 April 2016 (6:30-8:00pm)  
New Heights Computer Learning Center

1 Infinity Centre, Garfield Heights  
1-800-589-9914 (Option 1)

Region 2 (Southeast Ohio)

13 April 2016 (1:00-2:30 pm)  
Clarence E. Miller Armory  
4497 Hawk Dr., McConnelsville  
1-800-589-9914 (Option 2)

Region 3 (Southwest Ohio)

14 April 2016 (6:30-8:00pm)  
Woodlawn Community Center  
10050 Woodlawn Blvd, Cincinnati  
1-800-589-9914 (Option 3)

Region 4 (West Central Ohio)

26 April 2016 (6:30-8:00pm)  
American Legion Post 217  
1265 Fourth Ave., Sidney  
1-800-589-9914 (Option 4)

Region 5 (Northwest Ohio)

12 April 2016 (6:30-8:00pm)  
Richland County Red Cross  
39 North Park, Mansfield  
1-800-589-9914 (Option 5)

Region 6 (Central Ohio)

7 April 2016 (6:30-8:00pm)  
DeVry University  
1350 Alum Creek Dr., Columbus

