



RISFAC

(Regional Inter-Service Family Assistance Committee)

July 2017

Region 5, Northwest Ohio

<http://homefront.ohio.gov/RISFAC/Region5RISFAC.aspx>

July 18, 2017 - Meeting Summary

Master Sergeant Justin Brinkman the personnel director from the 180th gave us a few moments to share information about him and what has been going on with the 180th FW. He is still learning himself as he is newly, a full time Airman, before he was in the band and for his civilian position working as a band director at a school. The 180th currently has around 120 deployed Airmen. At the base they are proud of what they have been able to do as well, being involved in 150 events in the last year. The 180th has five colleges helping them with knowing there options for college. These colleges are very familiar with the drill weekends and deployment issues the Airmen have and work well with helping the Airmen navigate through the process of getting there degrees. They have been working with community organizations one being the Boy Scouts. The firefighters have had the opportunity to go over to the airport to practice their skills as well as make runs with local departments. They have also been generous giving blood, 500 pounds of food as well as money for food for those who are in need. Environmentally, the base is doing its part as well. The base has a solar field that has the ability to power 1/3 of the energy they use, they have switched over to bio-fuel as well as took apart planes so they could be switched over. During a drill weekend the airman have adopted a highway and were out working to clean up the road.

Case Scenarios

Scenario 1: A National Guardsman calls needing his military records. He was never active title 10. How do we help them? Call the Adjutant General's office, who have a librarian on staff who has the ability to look up those records. The number is 614-336-7038

Scenario 2: Service member calls needing help with water bill. It has been shut off for two weeks and she has three children living in the house. She is a veteran of Desert Storm. She is divorced and the sole provider for her kids. She does not receive any VA benefits at this time. Her job recently changed and she did not work the month of July but she will receive a paycheck starting August. Conversation with the utility company? Veteran Service Commission? WSOS, Job and Family Services, American Legion Temporary Financial Assistance- Suzette Price, VFW -Leon Johnson, Veterans Matter- Ken Lesley 567-698-7838, Salvation Army

Scenario 3: My child is deployed and I need to get a Red Cross message to them what do I do and what do I need for the message to go through?

Call toll free number 877-272-7337 or Hero Care App

After verification is done the unit command will be contacted. The usual time it takes is 4-8 hours for all verification and contact to be made.

Upcoming Meetings

- Oct 10 2017 (Mansfield: American Red Cross, 39 N. Park, Mansfield, OH 44902)
- Jan 15, 2018 (Bowling Green: 1245 W. Newton Road, Bowling Green, OH 43402)

<http://homefront.ohio.gov/RISFAC/Region5RISFAC.aspx>

The RISFAC serves all branches of the Military, Veterans and their families and is sponsored by the Ohio National Guard Family Readiness & Warrior Support Program.

Meeting Facilitators / TFAC's: Patricia Markowski | 614-336-6615 | patricia.markowski.ctr@mail.mil
Tiffany Riccardi | 614-336-4312 | tfacriccardi@mail.com
Megan Worcester | 614-336-4466 | meganworcester@yahoo.com

ATTENDANCE ROSTER - BOWLING GREEN RISFAC, REGION 5 - July 18, 2017

Amy Carles Office of the Ohio Consumers Counsel

amy.carles@occ.ohio.gov

Robert Schmitt American Legion pastcmdrbob0001@yahoo.com

SSG William Jones Bco 1-148

Crystal Bennett Veterans Service Commission Fulton County cben-
nett@fultoncountyoh.com

Cheryl Hagan Employment Specialist cheryl.d.hagan.ctr@mail.mil

Robert Mittelstaedt ESGR bmitt75@yahoo.com

Therese Sadowski 180FW Yellow Ribbon therese.a.sadowski.ctr@mail.mil

Jenny Hoeffel SSVF Program Manger Maumee Valley Guidance Center
mvgcjh@defnet.com

Judy York 180 FW Family Program Manager judy.york@us.af.mil

Anthony Mears FRSA Army Reserve anthony.w.mears.civ@mail.mil

Craig Nagy Director Service to the Armed Forces & International Services
craig.nagy@redcross.org

George Shaughnessy American Legion Employment

David Neal United States Vets balboa512@yahoo.com

Kyle Frias Hancock County Veteran Service Office ksfrias@co.hancock.oh.us

MSgt Justin Brinkman 180th FW justin.e.brinkman.mil@mail.mil



We will explore “Traditionally Speaking.”

Well, let’s start off with is “Tax-Exempt” al- in our TRADITIONAL

Did someone say want to convert anon- ble. The contribution traditional bucket in the definitely. But, what be due on the gain? Most definitely !Uncle Sam will get a cut of the gain.



Roth or Not to Roth, Tradi-

our Combat Zone pay which ready. Should this money be TSP or Roth TSP?

“good question”? We do not taxable money back to taxa- (i.e. Combat Zone \$) into the TSP will come out tax-free about the gain? Would taxes

Okay, what happens if we use the Roth TSP? Everything will come out Tax-Free, including contributions and earnings.

Wait a minute, Lawrence, but I have \$18,000?

That’s a great point you raised. Yes, the elective limit does NOT Apply to traditional contributions made from tax-exempt pay earned in a combat zone. However, there is a limit on the Roth TSP.

But, here’s an idea: you can use a combination of the Roth TSP and a Roth IRA. We can put \$5,500 or \$6,500 (based on age) into the Roth IRA and the rest into the Roth TSP. Bingo!

Note also that with a Roth TSP, you will be required to take Required Minimum Distribution when you turn 70½. To avoid this require meant though, all you need and must do is rollover your Roth TSP into your regular Roth IRA before you get to that point. Need recipes to build financial success or enjoy retirement?

Lawrence Adeyeye, Certified Financial Planner
Your Personal Financial Counselor
419-277-6377
Email: PFC6.OH.NG@zeiders.com







ARMORY to ARMORY BICYCLE CHALLENGE

Benefitting Veterans
With Traumatic Brain Injury or Post-Traumatic Stress

September 30, 2017

Ohio National Guard Armory
 925 Research Drive Toledo, OH

Gate opens 5:30 am Challenge begins 7:00 am

108 mile SCENIC ROUTE FROM TOLEDO TO DEFIANCE AND BACK

\$40
Includes

Snack and beverage at first stop
 Lunch in Defiance
 Beverage at stop on return trip
 After race dinner and beverage
 CUSTOM CHALLENGE COIN
 Tri-Blend Event Shirt
 Dinner only tickets \$10 donation-served 6-8 pm

PRESENTING SPONSOR
WERSELL'S BIKE SHOP
 Headlight-Taillight-Riding Glasses-Helmet
 ARE MANDATORY!!
 SAG Wagon, First-Aid, Directional signs
PRESENTING SPONSOR
J Foster Jewelers

Want to Sponsor? Contact us!

ONLINE REGISTRATION <http://www.active.com/toledo-oh/cycling/races/armory-to-armory-bike-challenge-2017>

Or Mail Your Reservation and Payment (check or credit card) using form below to The Arms Forces PO Box 981 Maumee, OH 43537
 if you would like to sponsor or donate or have questions- hope@TheArmsForces.org Phone 419-708-9762

NAME _____ EMAIL _____

ADDRESS _____ City/State _____ Zip Code _____

Credit Card _____ CVS _____ # of Challenge Tickets _____ # Dinner Only Tickets _____ shirt size-circle S M L XL

I would like to make a donation to The Arms Forces nonprofit in the amount of \$_____ or donate _____ for the event.

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators waive and release all rights for claims and damages I might have against the Challenge director, City of Toledo and all cities, villages, municipalities, townships on the route, sponsors and all related parties for any and all injury or damage resulting from participating in the above event. I am in proper physical condition to participate in this event.

SIGNATURE _____ DATE _____

Veteran's Education Fund Golf Outing



Heather Downs Country Club

3910 Heatherdowns Blvd.
 Toledo, OH 43614

Saturday September 16, 2017
 1:30pm Shotgun Start Scramble

Fees: \$75.00 Per Person, \$300.00 Team of 4
 (Includes 18 Holes, Cart, & Late lunch)
 \$400.00 Sponsors Hole & Team of 4

RSVP By September 12, 2017

Contact: Mr. Chris Cremean
 419-206-5979/chriscremean@yahoo.com

Checks Payable To: United States Vets, Inc.
 6117 Boothbay Dr.
 Toledo, OH 43615
www.unitedstatesvets.org

www.facebook.com/unitedstatesvets
 DONATIONS ACCEPTED

Attention Veterans Of All Branches
Of The United States Armed Forces



2017
Veterans Resource Fair
Sunday, August 6, 2017

1400-1700 (2:00 p.m. until 5:00 p.m.)
Elks Lodge (BPOE 75), 900 W. Melrose Ave., Findlay

FREE Veteran's Dinner
provided by the Elks Lodge (BPOE 75)
Starts at 1730 (5:30pm)

SPAGHETTI DINNER W/ SALAD & DESSERT

Free to all Veterans and their families!
RSVP IS REQUIRED. Call 419.424.7036 to reserve.

Join Us For A Day Full
Of Fun, Entertainment,
Good Food & Refreshments,
And Lots Of Useful
Information!



Presented by:



Follow Us on Twitter Like Us on Facebook

For more information, call (419) 424-7036 or visit www.hancockveterans.com

Empowering Lives!

Battle Buddies provides professionally-trained, safe relationships between Veterans to help, guide and support one another.



Program Provided By:



The Battle Buddies program offers:

- Peer support and a partnership designed to motivate, educate and advocate for positive life choices and changes.
- Support to develop and implement a personal plan for an improved quality of life.
- Assistance for a fellow veteran to see recovery in a positive and realistic way.
- Building recovery from personal strengths.
- Assistance with scheduling and reminders of events and appointments.

CRISIS LINE: 1-800-273-8255

Follow Us on Twitter Like Us on Facebook

For more info, call (419) 424-7036 or visit www.hancockveterans.com

Hancock County Veterans Service Office • 1100 East Main Cross, Suite #123 • Findlay OH 45840
Office Hours: Monday - Friday, 8:30 am to 4:30 pm (Closed every other Wednesday at 3pm for our bi-monthly staff meeting)

Troop & Family Assistance Center Specialists (“TFACs”)



<u>Region 1</u>	
Joyce Stingel:	614-336-6337
Crystal Pirolozzi:	614-336-4310
Megan Worcester:	614-336-4466
<u>Region 2:</u>	
Jodi Birchfield	614-336-
Erica McDaniel	614-336-4311
<u>Region 3:</u>	
Mandy Humerick	614-336-6550
<u>Region 4:</u>	
Billy Madden	614-336-6357
Jennifer Knoop	614-336-4483
<u>Region 5:</u>	
Patricia Markowski	614-336-6615
Tiffany Riccardi	614-336-4312
Megan Worcester	614-336-4466
<u>Region 6:</u>	
Teresa Laytart	614-336-7358
Nancy Kary	614-336-4232
Angela Dyer (Supervisor)	614-336-7031



24 Hour Joint Operations Center 1-888-637-9053	Community Outreach 614-336-7002
ONG Transition Assistance Advisors (Michael Magnusson and Terry Dean) 614-336-7349 or 614-336-4192	Sexual Assault Response Coordinator 877-751-5628
Tricare Benefits Assistance 877-874-2273	Military OneSource 800-342-9647
Ohio Cares 800-761-0868	American Red Cross 800-696-3873

Survivor Outreach Services Coordinators
 614-336-4284 Melissa Wise
 614-336-8820 Rita Kreitzer
 614-336-7375 Susan Bogan
 614-336-4138 Steve Brunn
 740-637-0348 Tara Reyna
 614-336-6943 Jennifer Moore

Psychological Health Coordinators
 Barbara Herbst 614-336-8999

Employer Support of the Guard & Reserve (ESGR) 614-336-7444

ID Center (NW Ohio) 180th FW, Swanton, Ohio
 Call for appointment 419-868-4225

Airman & Family Readiness Program Managers

Judy York - 180th FW	419-868-4550
Jane Esprit - 178th FW	937-525-2583, ext. 2583
Vacant - 179th AW	419-520-6600
Carolyn Ebert - 121st ARW	614-492-4417, ext. 5

Employment Support Specialists (Contractors):

Region 1 - Scott Lim	614-336-6077
Region 2 - Leeann Rahe	614-336-4212
Region 3 - Patrick Nowak	614-336-4993
Region 4 - Sarah Meeds	614-336-4994
Region 5 - Cheryl Hagan	614-336-6589
Region 6 - Joe Gabriel	614-336-7366 (Team Lead)